

JOURNAL OF ATHLETIC TRAINING

Official Publication of the National Athletic Trainers' Association, Inc

Volume 44, Number 3, May-June 2009



Original Research

Clinical Studies

- Glenohumeral Rotation and Scapular Position Adaptations After a Single High School Female Sports Season**
Stephen John Thomas, MED, ATC; Kathleen A. Swanik, PhD, ATC; Charles Swanik, PhD, ATC;
Kellie C. Huxel, PhD, ATC 230

- Muscle Activation and Movement Patterns During Prone Hip Extension Exercise in Women**
Cara L. Lewis, PhD, PT; Shirley A. Sahrmann, PhD, PT, FAPTA 238

- Sex Differences and Representative Values for 6 Lower Extremity Alignment Measures**
Jennifer M. Medina McKeon, PhD, ATC, CSCS; Jay Hertel, PhD, ATC 249

- Association of Quadriceps and Hamstrings Cocontraction Patterns With Knee Joint Loading**
Riann M. Palmieri-Smith, PhD, ATC; Scott G. McLean, PhD; James A. Ashton-Miller, PhD;
Edward M. Wojtys, MD 256

- Two Modes of Weight Training Programs and Patellar Stabilization**
Yiu-ming Wong, PhD; Suk-tak Chan, PhD; Kwok-wing Tang, MBBS; Gabriel Y.F. Ng, PhD 264

- The Use of a Tuning Fork and Stethoscope to Identify Fractures**
Michael Bryan Moore, PhD, VATL, ATC 272

Observational Studies

- Reliability and Validity of a Novel Muscle Contusion Device**
Nicole M. McBrier, PhD, ATC; Thomas Neuberger, PhD; Nori Okita, MS; Andrew Webb, PhD;
Neil Sharkey, PhD 275

- Athletic Trainers' Beliefs Toward Working With Special Olympics Athletes**
Phillip Conatser, PhD, CAPE; Keith Naugle, MS, LAT, ATC; Mark Tillman, PhD, CSCS;
Christine Stopka, PhD, LAT, ATC, CSCS 279

- Attractors to an Athletic Training Career in the High School Setting**
Alison Gardiner-Shires, PhD, ATC; James Mensch, PhD, ATC 286

- Clinical Instructors' and Athletic Training Students' Perceptions of Teachable Moments in an Athletic Training Clinical Education Setting**
Valerie J. Rich, PhD, ATC, CSCS, WEMT-B 294

Evidence-Based Practice

- Are Eating Disorder Prevention Programs Effective?**
Lisa Langmesser, MS, ATC; Susan Verscheure, PhD, ATC, CAT(C) 304

Position Statement

- National Athletic Trainers' Association Position Statement: Acute Management of the Cervical Spine-Injured Athlete**
Erik E. Swartz, PhD, ATC; Barry P. Boden, MD; Ronald W. Courson, ATC, PT, NREMT-1, CSCS; Laura C.
Decoster, ATC; MaryBeth Horodyski, EdD, ATC; Susan A. Norkus, PhD, ATC; Robb S. Rehberg, PhD, ATC,
CSCS, NREMT; Kevin N. Waninger, MD, MS, FAAFP, FACSM 306

Consensus Statement

Preseason Heat-Acclimatization Guidelines for Secondary School Athletics

Douglas J. Casa, PhD, ATC, FNATA, FACSM; David Csillan, MS, LAT, ATC
Inter-Association Task Force for Preseason Secondary School Athletics Participants: Lawrence E. Armstrong, PhD, FACSM; Lindsay B. Baker, PhD; Michael F. Bergeron, PhD, FACSM; Virginia M. Buchanan, JD; Michael J. Carroll, MEd, LAT, ATC; Michelle A. Cleary, PhD, LAT, ATC; Edward R. Eichner, MD, FACSM; Michael S. Ferrara, PhD, ATC, FNATA; Tony D. Fitzpatrick, MA, LAT, ATC; Jay R. Hoffman, PhD, FACSM, FNSCA; Robert W. Kenefick, PhD, FACSM; David A. Klossner, PhD, ATC; J. Chad Knight, MSHA, MESS, ATC, OTC; Stephanie A. Lemon, MS, NBCT, LAT, ATC; Rebecca M. Lopez, MS, ATC; Matthew J. Matava, MD; Francis G. O'Connor, MD, FACSM; Bart C. Peterson, MSS, ATC; Stephen G. Rice, MD, PhD, FACSM, FAAP; Brian K. Robinson, MS, LAT, ATC; Robert J. Shriner, MS, LAT, ATC; Michael S. West, MS, ATC; Susan W. Yeargin, PhD, ATC 332

Departments

2008 Outstanding Manuscript Awards	229
Authors' Guide	334

CEU Quiz

The CEU quiz for the May–June 2009 issue
(Volume 44, Number 3) of the
Journal of Athletic Training will be located
online at www.nata.org

30th Annual Student Writing Contest

Entries must be received at the following address by March 3, 2010:

NATA Student Writing Contest
Lori Dewald, EdD, ATC
Salisbury University
226 Maggs Physical Activity Center
Salisbury, MD 21801

For a detailed description of the contest rules, please visit
www.nata.org/jat