

HIROSHIMA UNIVERSITY



November 27, 2007

To: Dr. Yang, Feng.-Chou
National Taiwan College of Physical Education

Dear Dr. Yang, Feng.-Chou,

It is our honor to invite you to the Asia-Pacific Conference on Exercise and Sports Science (APCESS) 2007, jointly organized by the Asian Council of Exercise and Sports Science (ACCESS) and Hiroshima University on December 6-8, 2007 at Hiroshima University, Japan.

The theme of APCESS 2007 is "Asian Harmony of Exercise and Sports Sciences". A panel of distinguished international scholars has been invited to speak on various inter-disciplinary areas in exercise and sports science and your participation is no doubt an invaluable asset for the success of the conference.

Best regards,

Organizing Committee of APCESS 2007

Kazuhiko Watanabe, Ph.D.
Conference President of APCESS 2007
Professor, Graduate School of Education, Hiroshima University, Japan

Conference enquiries:

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November 27, 2007

To: Mr. Huang, Tu-Shan
National Taiwan College of Physical Education

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A study of the Rotary Co-operative Education Program students' leisure activities and leisure counseling in vocational high schools

Wang, H. C.¹, **Yang, F. C.**², **Huang, T. S.**³, and Bain, R. F.⁴

¹ Asia University, Taiwan, ² National Taiwan College of Physical Education, Taiwan; ³ National Taiwan College of Physical Education, Taiwan, ⁴ Da Yeh University, Taiwan

A survey of leisure activities of industrial vocational high school students was used in this study. The sample of this survey included 342 students in six vocational high schools. The data were analyzed by descriptive statistics, independent *t* test, one-way ANOVA and Scheffé's Post-Hoc.

This study found that as for the leisure activities, 65.8% of the respondents participate for pleasure. 47.7% can't attend leisure activities due to lack of time. When depressed, 73% chose to listen to music. Of all who consider partaking clubs as advantageous, 61.4% agree making new friends as the main reason. 54.4% of schools consider open facilities as the main way of supplying leisure activities.

Besides, there were no significant differences among the needs of leisure counseling upon gender groups and grades. There were no significant differences on the aspect of resources, cognitions, and skills. However there were significant differences only on the aspect of facilities. In the leisure participating time, there were no significant differences on the aspect of resources, facilities and skills parts on, but there were significant differences among cognitions and human relations.