



November 27, 2007

To: Dr. Yang, Feng.-Chou
National Taiwan College of Physical Education

Dear Dr. Yang, Feng.-Chou,

It is our honor to invite you to the Asia-Pacific Conference on Exercise and Sports Science (APCESS) 2007, jointly organized by the Asian Council of Exercise and Sports Science (ACCESS) and Hiroshima University on December 6-8, 2007 at Hiroshima University, Japan.

The theme of APCESS 2007 is "Asian Harmony of Exercise and Sports Sciences". A panel of distinguished international scholars has been invited to speak on various inter-disciplinary areas in exercise and sports science and your participation is no doubt an invaluable asset for the success of the conference.

Best regards,

Organizing Committee of APCESS 2007

Kazuhiko Watanabe, Ph.D.
Conference President of APCESS 2007
Professor, Graduate School of Education, Hiroshima University, Japan

Conference enquiries:

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To: Mr. Huang, Tu-Shan
National Taiwan College of Physical Education

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Best regards,

Organizing Committee of APCESS 2007

A handwritten signature in black ink, reading "K. Watanabe.", written in a cursive style.

Kazuhiko Watanabe, Ph.D.
Conference President of APCESS 2007
Professor, Graduate School of Education, Hiroshima University, Japan

Conference enquiries:

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The Study on the Leisure Behavior and Leisure Obstacles of Papermaking Industry Employees

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The purpose of this study was to discuss the papermaking industry employees' behavior and obstacles of participating leisure activities in Taiwan to provide companies as a reference of planning leisure activities and welfare policies. The participants (N=385) of this study were employees at YFY Industrial Paper Co., Ltd. and selected by purposive sampling. 385 questionnaires were provided. The collecting rate of valid questionnaires was 73% (248 questionnaires). Leisure Behavior Scale (Zhu, 2001) and Leisure Obstacles Scale (Zhon, 1998) were used. The study hypothesis and collected data were analyzed and verified by descriptive statistics, one-way MANOVA computations, and Duncan Test with SPSS for Windows 10.0 software. The results showed it had variation that employees of papermaking industry spent the amount of time on participating in various leisure activities. The rate that employees didn't participate in artistic and social activities for leisure was high. As a whole, the employees of papermaking industry spent much of the time and money in leisure activities than those of high-tech industries. Except for the sports activities that cost less expenses, other types of leisure activities cost employees mostly around NTD1,000-4,000. Most of participants took their families as their companions. And according to the results, there were the significant difference of demographical variables (education, work-shift, position, and wage) on three leisure obstacles. This study suggested that those who undertake or design the leisure activities should actively coordinate work-shift problems for those employees in shift and also focus on more challenging, recreational, and various activities, even seeking cooperative companies or establishing leisure center to promote the activities in order to stimulate the participation of employees.

Key words: employee, leisure behavior, leisure obstacles.