



創新、分享、快樂~for Fun, for Play, for You



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【Olympic E-Newsletter II】

NTUS is the oldest sport university in Taiwan, playing a leading role to promote “Olympic Education” among other Universities in Taiwan. In 2016, we issued our first Olympic E-newsletter. Over the past year, our university launched the “Olympic Education” as a compulsory course, “Olympic and American Culture Summer Camp” and “Olympic Education Teacher Training workshop”, 5 seminars of role model athlete, assisted the 2019 EAOC Coordination Meeting, and participated in the 39th NOA.

Baseball and my life. – Interview with NTUS

President [LINK: HTTP://SPORTS.ETODAY.NET/NEWS/844514](http://sports.ettoday.net/news/844514)

The most important lesson that baseball taught me, apart from the performance on the field, is the “attitude of persistence”. It is very important to hold things together with perseverance in baseball. The same attitude can apply into my job working at NTUS. The only difference between leading a baseball team and one university is: Leading a university is far more complicated, every aspect needs to be taken care of, so that the campus is in harmony, and every student is given the opportunity to learn and develop their professions. Besides that, I have to enhance the linkage between local environment and our university, so that we are able to contribute, and work our way in becoming an international university.



【Olympic Education Event Schedule of NTUS】

Date	Activities
2016/4/14	Olympic Education Seminar
2016/5/26	Olympic Seminar: Achieve Your Dream with Faith
2016/6/27~7/1	Olympic and American Culture Summer Camp
2016/8/1-24	Our Olympic Education Club teacher went to Rio Olympic as Volunteer
2016/8/25-28	39 th NOA session of CTOA
2016/9	“Olympic Education” Course Open for Classes
2016/10/28	Olympic Education Seminar, Sharing of International Volunteer
2016/11/18	One-day Teacher Training Camp
2016/11/25	Olympic Education Seminar
2016/12/13	University Olympic Seminar
2016/12/17 -18	Assist of EAOC Coordination Commission Meeting
2016/12/22	Olympic Seminar: Iron-man Spirit and the Road to Succeed

Baseball and my life. [Interview with NTUS President]

1. Is your personality related to your baseball life?

Definitely. Between the age of 12 to 28, 90 percent of my life was related to baseball. The interaction with teammates as an athlete, or dealing with athletes as a coach, and the time I came back from Japan to coach national team in 1989, my way of doing things was related to what I encountered back in my childhood and teenager period. My growing experience was all about baseball.

2. Being once a bench player. Any influences in your character development?

The formation of character, it is inevitable from the influence of family education. After my encounter with baseball, there wasn't much time for me to spend with my family. Almost every second I spent was with my teammates and coach. Hence, my personality did grow alongside whilst being with them, indeed. The period of being a bench player was at the age of 12. It was at Yong Fu elementary School in Tainan City. The players got selected to play for Tainan City were main players. Chia Yi Seven Tigers Team, was one of the allied of seven cities in the Southern division. The athletes were all representative of each cities. On top of that, at the age of 12, some of the players were already outstanding in terms of physical abilities. Hence, I was only able to become a bench player with my tiny body. That was a huge impact to me at that time. During the games, I had to pick up my teammates' bat after the hits. And the game was broadcasted, I felt like the whole nation was watching me picking up the bats, and that was an enormous embarrassment to a 12 years old kid. After starting junior high school, my physical ability started to catch up with my teammates. I returned to the list of main players, but my teammates in seven tigers team, unfortunately, was dropped to bench. I understand their feelings since I was in their position once. I felt sympathetic towards them. Because of this, they became my best friends, and I never became supercilious because of being the core of the team, and that was why my popularity was not bad at that time. I became more humble and sympathetic towards everyone, and that is the attitude I am talking about, it helps you to conduct yourself and make more friends.

3. Being an Olympic athlete and coach at the 1984 and 1992 Olympic Games

For me, having the opportunity to take part in the Olympics Games, not only had the chance to witness the whole scale of the competitions, but the opening and closing ceremony also gave me an unforgettable memory. Initially, I was not aware of the connotation of the Olympic spirit, nor the events of Olympics. In 1992, baseball became the official game in Barcelona Olympic Games. Being the coach, my focus was on the competition itself. The time I started learning the spirit of the Olympic, was at the age of 40s. I think that the actual game is only a part of the Olympic Movement, but influencing and educating the athletes and audiences is the most important part. We can educate and develop our athletes' inner self through the Olympic education while enjoying the Olympic Games.

4. Promoting Olympic education and Olympic museum at NTUS

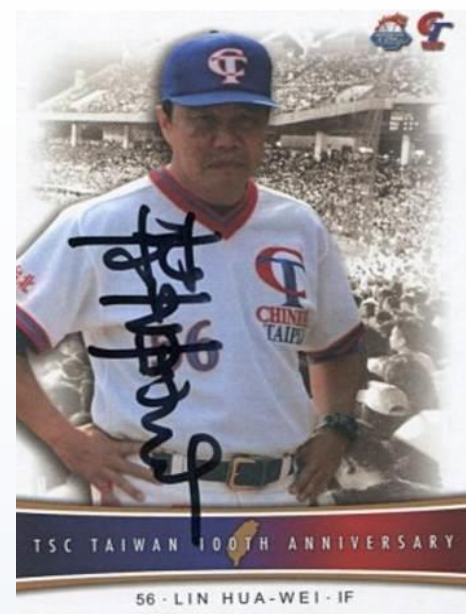
I fully support the development of the Olympic education courses. Olympic education focuses on developing good personalities and healthy life style. It can educate our students to build up a good personality, and I hope that students and athletes can carry out this spirit in their whole life including their later career development. About the Olympic museum, we will create a new exhibition hall for the future museum.

5. Who is the most grateful person in your life?

There is a lot of people I have to thank for, like my parents who gave birth to me, and every coach in my baseball career. Everyone had a huge influence in my life. No matter good and bad, I have to thank everyone I encountered through my life with positivity.

6. Future plan

Leading the University in a better direction, and assisting the students' learning, training, and teachers' research. After retirement, I don't really have any specific plans, but wish to have a simple life, and also telling myself to not impose my ideas upon others. You cannot insist your thoughts upon others just because you think yours' are better; you have to put yourself in other's shoes. I can advise students based on my experiences, but everyone has something for others to learn from, and I think this is also a fraction of the outlook of my life.



Olympic Education as compulsory courses at NTUS

The Olympic Games is not only about athletic competitions, but more importantly, to spread the spirit of Olympism. The Olympic spirit emphasizes to educate through sports, letting the participants to learn about the meaning of fair game through practicing, cultivating the character of humbleness, and also the concept of following rules. Ultimately, it is not only training the athletes to become physically strong, but also encouraging them to self-cultivate, to reach the target of attaining a holistic person.

The Modern Olympic Games was founded by French educator, Pierre de Coubertin in 1896. The most important thing in the Olympic Movement is to promote the Olympic Spirit. This course addresses more of the "why" (values) rather than the "how" and "what" concerning the Olympic Spirit. The following issues are addressed:

- (1) Olympic philosophy and Peace Education (Sport activities stopping the wars);
- (2) Olympic philosophy and Multicultural Education (Cultures and peace);
- (3) Olympic philosophy and International Education (International perspective);
- (4) Olympic philosophy and Moral Education (doping);
- (5) Olympic philosophy and Aesthetics Education (Art appreciation)

We wish that this course can bring a reformation of the national educational system in Taiwan, and bring the ideas of holistic education into practice.



Step 1

提問引導反思

在無感的奧林匹克觀點中先活化對體育的在乎共同關心和平、尊重、公平競爭等議題

反思

Activated → Reflective

Step 2

典範翻轉觀念

成績只是表象，終究要靠精神才能永存，翻轉觀念需要有人協助轉念，透過運動典範使我看見

追尋

Convert ideas → Seek truth

Step 3

創意收斂統整

反思批判後，用行動承接情緒，帶動自主學習開始追求自我學習超越

創造

Self-learning → Create

▲ Structure of Olympic Education researches

Online Communication platform:

<https://www.facebook.com/groups/1813531968883080/>



▲ Students' videos of Olympic Education

2016 Olympic and American Culture Summer Camp

This camp has already been held for 9 consecutive years! We combine English, Sports, and multicultural into this camp to bond the friendship between the Americans and the locals, widening their international view, and enhancing the locals' English ability. In 2016, we combined the Olympic Education Studies Society to enlarge the group, and let the participants experience the value about excellence, friendship and respect for the Olympic spirit, and the core idea of Citius, Altius, and Fortius, meaning faster, higher and stronger. Besides that, it was also open to other universities such as Chung Yuan University, Fo Guang University, Dong Hwa University, Southern Taiwan University of Science and Technology, Chung Hsing University, Feng Jia University, ChangHua University of Education, Taichung University of Science and Technology, Taichung University of Education, Taiwan University of Sport, and Ming Chuan University. There were 78 participants in total in which 33 of them are American students.



Group photo



Sports time: Martial Sports Learning



Get to know Olympic



Sports time: lion and dragon dance



Sports time: Bowling



Culture time: Art Culture



Sports time: Water Sports

Olympic Education lectures: An Education about experience and self-realization

Olympic spirit: A spirit about pursuing excellence and never give up

It takes a decade to grow a tree, but a century to educate a person. Spirit is about inheritance. When speaking about sport, generally, what people think about are the construction of stadiums or the medals, and most of the time it is very easy for the inheritance of Olympic education and culture value to be neglected. It takes decades to see the alter when it comes to result.

Build your iron-man life, CEO of LEAD education center, LI Buo Hsien

14th of April 2016, our university invited CEO Li to speak about future athletes' competitive ability. He began with an interesting warm up to enclose the relation between the audiences and himself, and started the seminar on "How to Be a Future Talent". For instance, "What do you think about the things that athletes 'lost'? Is 'lost' a result, or a situation?" Through Q&A's, he led the students to ponder deeper. Sometimes, it is not only about "lost". Most of the time, although already over, we still keep the emotions within us. Regarding athletes, perhaps we may not change the environment, but we can change ourselves. Everything is optional, because opportunities are for those who are prepared.



Achieve your dream with Faith Canoe Slalom Gold Medalist, CHEN Wei Han

14th of May 2016, our university invited Wei-Han, Chen, the silver medalist of 2014 Incheon Asian games Canoe Obstacle Slalom and gold medalist of 2016 Canoe Slalom championship to share her meaningful career story with us. Besides the hardship of training, with only loneliness that accompany her, she had faith in herself, and that was the power that supported her. This kind of faith is the spirit that most us lack of. At the same time, athletes of similar profession were also being invited to the seminar. In two future stars' point of view, they talked about their thoughts on their sport careers and the current situation of Taiwan's sports domain. During the 2 hours, the audiences really enjoyed this interesting seminar. We wish that more people will pay attention to the sports domain and take part in promoting Olympic education.



Life fulfilling Sports volunteer - International Volunteer, CEO of Communication Association, CHAN Chun Chih

Mr. Chan walked through the no-returning career of sports, and that makes him love sports, which led him to dream of going to the Olympic Games. He started his first dream by cycling to all the train stations in Taiwan, and shared his experience on how he took his first step to being Olympic volunteer by coincident. We can see the enthusiasm in his eyes, like all the stories happened only few days ago. Mr. Chan used his own story to promote volunteer jobs and hope that we can take our first step to start working towards our own dreams.





Detail makes perfect Taiwan 400m sprint record holder, CHEN Jay

When he faces failures, he talks to himself, communicating with his inner-self, to give himself one more chance to stand up and try again. Jay focuses on every detail, for instance, he observes every minor difference in movements between other athletes and himself, to find a way to improve his performance. “Heroes always walk alone”, meaning you have to endure the loneliness along your way to the peak. During the speech, we also invited his comrades, to share and describe Jay. “Jay Chen”, has no doubt become a role model among the track and field athletes.

Iron man spirit and the road to succeed Triathlon Athlete, Wu Cheng Tai

He was born into a swimming profession family. Because of his activeness, he has a sturdy body, the reason he was chosen by a trainer in Hu-Wei senior high school, and began his career of Triathlon. “If you want to be the best, you have to work on things that others are not willing to do”, he quoted his own motto and told us that the road to success has no shortcuts. Every step need to be walked and a good personal management is required to create the value within.



Our society members taking part in the 39th Chinese Taipei Olympic Academy



Olympic spirit seminar, Moving towards 2020 Tokyo Olympics

▼13/12/2016 Olympic Education seminar



「2016 Olympic Education」 Teacher Training Workshop

The second year of teacher training workshop began with Professor Leo Hsu's speech. We had our beloved chairman of Chinese Taipei Educational Committee Professor Peng, former Olympian Chi Cheng, and secretary general of Chinese Taipei Archery Association Chen Yen Lin, as our important guest speakers for the event. Every teacher in the audience not only shared their own thoughts, but also encouraged each other with positive inspiring words and had shown the spirit of perseverance. By learning how to combine the Olympic Spirit into the teachers' lessons in class, they gained tons of knowledge.



Cross-disciplinary curriculum design of holistic education, Dr. HSU Leo

This program is based on the theory of Olympic education and activities to help leading local students to acknowledge the spirit of Olympic. Motivate them to enjoy sports and physical education and experiencing the multiculturalism of international society. Besides indoor lectures, we also have outdoor activities. We issued an online Olympic newspaper, which we share the Olympic information with others.



Attitude determines altitude, Dr. PENG Tai Lin

The promoter of Olympic athletes, Professor Peng, started his speech from the latest Olympic events, the Rio Olympic Games, with the tennis incident, the badminton sports shoes sponsorship incident, and the doping incident which happened during the game. He talked about how environment, attitude, or even creativity will affect an athlete. He used articles and videos to encourage the audience to pursue excellence, and analyzed the characteristics of top athletes, which allowed the audiences to visualize their goals.



Professor Peng emphasizing the importance of attitude.

My Story My Song, former Olympian CHI Cheng

The speech started with a “self-recommend” topic, about her walking into track and field, following by an advice from her teacher who brought her into this profession, “The time you get good result in school, the school knows it, but getting a gold medal for your country on the track, the whole world will know about you, and at the same time, the world will know about Taiwan.” This was the reason for Chi Cheng’s determination.

(希望基金會 Hopeful foundation <http://www.hope.org.tw/>)



My 35 years of International Sports Lifestyle, Ms. CHEN Yen Lin

Ms. Chen mentioned that how enthusiastic she felt about archery. Although she was not able to become a national representative, she still holds a post in administrative job concerning archery matters. She emphasized the importance of globalization, stepping out of the comfort zone, being curious, and willingness of accepting challenges.

