

JOURNAL OF APPLIED SPORT PSYCHOLOGY

Volume 21 Number 3 July–September 2009

The Official Journal of the Association for Applied Sport Psychology

Contents

- Is Substance Use a Team Sport? Attraction to Team, Perceived Norms, and Alcohol and Marijuana Use Among Male and Female Intercollegiate Athletes
Joel Grossbard, Justin Hummer, Joseph LaBrie, Eric Pederson,
and Clayton Neighbors 247
- Muscle Dysmorphia Symptoms and Their Relationships to Self-concept
and Negative Affect Among College Recreational Exercisers
Vicki Ebbeck, Patti Lou Watkins, Rebecca Y. Concepcion, Bradley J. Cardinal,
and Jon Hammermeister 262
- Towards the Development of a Conceptual Model of Expertise in Cricket Batting:
A Grounded Theory Approach
Juanita Weissensteiner, Bruce Abernethy, and Damian Farrow 276
- Goal-Setting Effects in Elite and Nonelite Boxers
Michael O'Brien, Stephen Mellalieu, and Sheldon Hanton 293
- Evaluation of a Mental Toughness Training Program for Youth-Aged Australian
Footballers: I. A Quantitative Analysis
Daniel F. Gucciardi, Sandy Gordon, and James A. Dimmock 307
- Evaluation of a Mental Toughness Training Program for Youth-Aged Australian
Footballers: II. A Qualitative Analysis
Daniel F. Gucciardi, Sandy Gordon, and James A. Dimmock 324
- An Evaluation of Personal and Contextual Factors in Competitive Youth Sport
Leisha Strachan, Jean Côté, and Janice Deakin 340
- The Effects of a Cooperative Physical Education Program on Students' Social Skills
Marios Goudas and Evmorfia Magotsiou 356



10413200 (2009) 21 (3)

 **Routledge**
Taylor & Francis Group